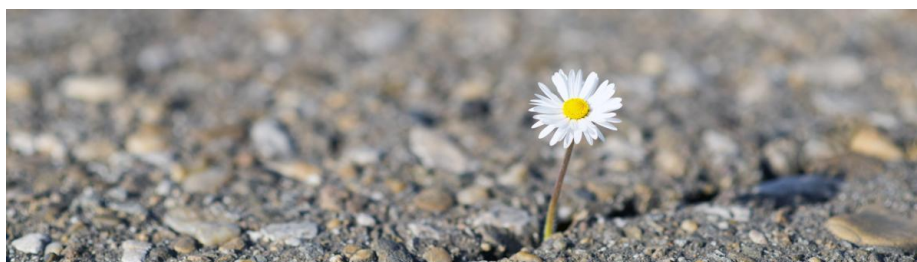


# The Neuroscience of Childhood Trauma & strategies for safe, effective support



## A three-day Workshop designed for Social Workers ...

**In brief:** *1) Understanding the impact of trauma on a child's brain and development; 2) Exploring what enables safe, effective engagement and support for children, young people and families; 3) Application to own practice*

**Running:** Venue and dates to be arranged  
9.15– 4.30pm (15' arrival, 30' lunch & 2 x 15' breaks)

**Cost:** Negotiable (Organisational flat rate, or per-capita)

**CPD Cert:** Provided for all participants

**Resources:** Link to extensive downloadable online resources

**Trainer:** Lisa Nel BA(Comb)hons, PGCE, A. Dip Integrative Counselling, MBACP (Accred) ~ Director, I'm OK, You're OK Counselling and Training Ltd.

### Participant comments from prior events:

*Lisa has a wealth of knowledge, insight and experience which are delivered with a very personal touch ~ Lisa's knowledge is inspiring! ~ The methods of learning were varied so we were kept interested ~ The OneDrive resources are great for future working*

Lisa Nel is a practising Therapist, Supervisor and Counselling Diploma Tutor who also writes and delivers a variety of independent CPD courses and workshops for counsellors and other helping professionals in the UK and beyond!

**For more information about I'm OK, You're OK see website:**

**[www.imokyoureok.co.uk](http://www.imokyoureok.co.uk) Email: [lisa@imokyoureok.co.uk](mailto:lisa@imokyoureok.co.uk) or call on 07810 441 896**